

ABOUT US

AIM

- To transform the lives of young girls and women through social development initiatives.

MISSION

- To touch as many women and young girls on the continent and beyond - and enhance the quality of their lives.

OBJECTIVES

- Raise awareness of the menstrual cup as a safe, cost-effective, eco-friendly alternative.
- Educate young girls about basic life skills.
- Free women from financial burden of taking care of their personal hygiene needs.
- Contribute towards the education of woman and therefore the progress of society.
- Provide a practical solution for young girls / women that directly reduces the number of days missed at school / lost productivity in the economy.
- Collaborate with other organizations to further Mina Foundation objectives.
- Uplifting communities through training and job creation initiatives.





KEEP OUR GIRLS IN SCHOOL

Millions of girls around the world are missing school and being denied a chance to education because they have no access to hygienic sanitary products: **YOU** can change their story...



MENSTRUAL HYGIENE IS FUNDAMENTAL TO ...



HUMAN RIGHTS

A lack of adequate menstrual health care denies women and girls their right to education, right to health and right to work in favourable conditions.



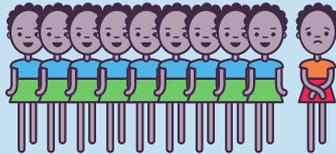
HEALTH

Poor menstrual health affects physical, mental and social well being.



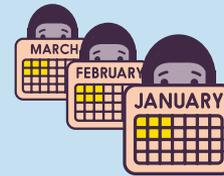
ENVIRONMENTAL

In South Africa alone, it estimated that over 160 million used tampons or pads are thrown away every month.



EDUCATION

UNESCO estimates that 1 in 10 African girls miss school because of their periods.



ECONOMY

No access to proper sanitary care products and hygienic ablution facilities contribute to women missing at least 6 days per month of work due to vaginal infections.



AWFUL NEWS:



Menstrual Health is still considered taboo in certain parts of the world in this day and age.



A recent visit to Zambia highlighted the plight of women prisoners who are made to dig a hole in the sand and sit in it during menstruation.



Females are using unhygienic materials such as leaves, sand, rags and newspaper.



In parts of Kenya menstruating women are not allowed to touch or milk cows for fear that the animals will get sick and die.



83% of girls in Burkina Faso have no place to change or dispose off their sanitary materials.



At least 7 million girls in SA miss school due to a lack of access to sanitary products.



3 Packs of pads/tampons = 1 months supply

High Unemployment

THE IMPACT



We have the **solution**
- the revolutionary **Mina**



Corporate South Africa is making visionary and positive strides eg: Transnet Foundation distributes Mina and puberty education journals to rural communities across our country.



Improving levels of education in girls means lower rates of teenage pregnancies and reduces the risk of cervical cancer.



Educated mothers are less likely to die during childbirth and tend to only get married and have children when they are ready.



Educated women contribute to the work force and keep hunger pangs away in their home.



A Ghanaian study found that girls attendance increased substantially after receiving free sanitary products and puberty education.



1 Mina = 60 months supply

Job Creation





Testimonials



RAMAINE SECONDARY SCHOOL

After using the Mina Cup for the first time it made a very big difference in my life Big Up to Mina Cup.



MOKGARANG SECONDARY SCHOOL

The Mina Cup is the best thing that has ever happened in a girl's life. It is small, softer and comfortable. Thanks to Mina Cup.



MOGALODI MASIBI COMBINED SCHOOL

Mina Cup is the very light, softer, safe and good for us. i could not ask for more. Thank you Mina for the discovery.



KAGISO-BOROLONG HIGH SCHOOL

I recommend Mina Cup for every Girl in the world Thank you for your care. I SALUTE MINA CUP!

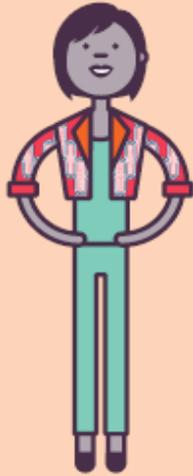


TAPANA HIGH SCHOOL

Usage instructions are very clear and easy to follow. it is economic. When you are using it you are sure of Happy period, no health hazards, no leakage of underwear and no pain.



OUR TEAM



ZAAKIRA MAHOMED
FOUNDING MEMBER

■ PO Box 2793 Houghton
Johannesburg, Gauteng
2041, South Africa

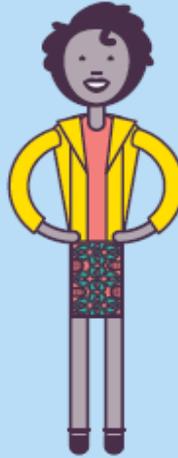
www.minacup.org

✉ info@minacup.org

☎ +27 (0)11 024 3720

+27 (0)82 909 1997

📱 @Meet_mina



DR MASHADI MOTLANA
CO-FOUNDER

■ PO Box 2793 Houghton
Johannesburg, Gauteng
2041, South Africa

www.minacup.org

✉ info@minacup.org

☎ +27 (0)83 400 1240

+27 (0)11 024 3720

📱 @Meet_mina



LERATO NDORO
CO-FOUNDER

■ PO Box 2793 Houghton
Johannesburg, Gauteng
2041, South Africa

www.minacup.org

✉ info@minacup.org

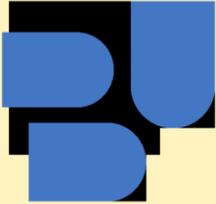
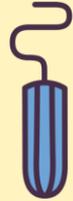
☎ +27 (0)82 604 1051

+27 (0)11 024 3720

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Friends and Partners of Mina



Some of our Beneficiaries

Since our inception we have distributed 33 500 Mina to girls around South Africa

Home of Hope - Gauteng

Thembelihle Girls Club - Gauteng

Sibongindawo Primary - Mpumalanga

Magalisberg Secondary School - NorthWest

Almont Technical - Gauteng

Newgate School - Gauteng

Minerva High School - Gauteng

St Johns Baptist School -Gauteng

Hout Bay Community – Cape Town

Phedisang Comunity –Limpopo

Soshanguve High school – Gauteng

Signa College - Gauteng



 ODOURLESS

 PAIN-FREE

 HYPO-ALLERGENIC

 ECO-FRIENDLY

 ECONOMICAL

 NON-TOXIC

SAVE LIVES, SAVE MONEY,
SAVE THE ENVIRONMENT,
SAVE OUR NATION

HELP US CREATE FUTURE LEADERS

For more information :
Visit www.happywithapurpose.com and www.minacup.org

A product of **HAPPY WITH A PURPOSE®**

THE BEST KEPT SECRET IN FEMININE HYGIENE!

 **Happy. Period**



